

DIANA's SOAKED OATMEAL PANCAKES

Mix and soak overnight on counter:

2 cups oatmeal flakes

2 cups buttermilk

½ c spelt flour (store in freezer)

In morning, mix in:

¼ cup melted butter

2 slightly beaten eggs

¼ cup water, approx, to thin batter

Then mix in:

2T sugar, opt

1 t. baking powder

1 t. soda

¼ t. salt

½ t. cinnamon

1 t. vanilla

Fry in coconut oil in cast iron or stainless steel skillet. Turn when bubbles appear and edges start to dry. Eat now with maple syrup or jam and store extras in freezer.